



AVALON SCHOOL

Weekly Newsletter

Friday 14th June 2019

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CELEBRATING ACHIEVEMENTS

This Week's Winners



St Andrew



St David



St George



St Patrick

House Points

89

96

121

97

Total House Points for the Year To-date

3829

4248

4467

4567

Merit Badges

Reception

AW

Year 1

AG

Year 2

HW

Year 3

EMc

Year 4

FW

JW

Year 5

AP

AC

Year 6

AE & ST

Golden Table

Rec

AW

Y1

EW

Y2

EP

Y3

IT

Y4

SJ

Y5

NV

Y6

PK-N

Children's Favourite Dishes This Week

Main: Roast Chicken Dinner
Pudding: Ice cream

Menu for Week Comm.

17th June



Follow this link for our [Lunch Menus](#)

Wellbeing Quote of the Week



Each week we will be sharing a 'Well Being quote' with the whole school community to encourage everyone to take a little time out of their busy schedules to use mindfulness and to think about their well-being.

Try to be a rainbow in someone's cloud.

Dates for Your Diary

NEWS, NOTICES & REMINDERS

JUNE 2019

Mon 17th

Pre-School visit to
Caldy Manor Care
Home

Tue 18th

Year 3 & Year 5
Trip to Chester
Zoo

Wed 19th

Junior (Year 3 to
Year 6) Sports
Afternoon at
Bebington Oval
1pm-3pm

Thur 20th

Nursery & Pre-
School Sponsored
Walk at 2pm

Year 1 & Year 2
Trip to Liverpool
Philharmonic PM

Parent Toddler
Group 1.45pm-
3pm

Fri 21st

PTA Strawberry
Tea

Mon 24th to Fri 28th

Junior Concert
week

Beauty & The Beast Tickets

Tuesday 25th, Wednesday 26th, Thursday 27th & Friday 28th June

Tickets are now on sale for the Junior production of Beauty & The Beast.



The performance times are as follows:

- Tuesday 25th June at 2pm
(doors open at 1.45pm)
- Wednesday 26th June at 6.30pm
(doors open at 6.15pm)
- Thursday 27th June at 6.30pm
(doors open at 6.15pm)
- Friday 28th June at 6.30pm
(doors open at 6.15pm)

Tickets are now on sale and at a maximum of 100 tickets per performance. If paying by cheque or internet banking, tickets will be issued once the payment has been received. The order form can be found on the school website. [Beauty & The Beast Order Form](#)

Year 5 & Year 6 Mindfulness Club

Visit to The Old Garden Residential Home



The Year 5 and Year 6 Mindfulness Club visited the residents of The Old Garden Residential Home this week and shared some mindfulness activities with the residents and staff. For more details and photographs see our news page. [Mindfulness Club News Page](#)

Tue 25th

Beauty & The Beast Matinee Performance at 2pm (doors open at 1.45pm)

Wed 26th

Nursery & Pre-School Sports Morning at 10am

Beauty & The Beast Evening Performance at 6.30pm (doors open at 6.15pm)

Thur 27th

Parent Toddler Group 1.45pm-3pm

Beauty & The Beast Evening Performance at 6.30pm (doors open at 6.15pm)

Fri 28th

Infant (Reception to Year 2) Sports Afternoon at 1.45pm

Beauty & The Beast Evening Performance at 6.30pm (doors open at 6.15pm)

JULY 2019

Mon 1st

Whole School Transition Afternoon

New Reception (Sept 2019) Parents Induction Meeting at 4.30pm

Wed 3rd

Pre-School Graduation at 2pm

Year 5 Trip to Quarry Bank Mill



As part of their history topic; The Victorians, the children of Year 5 visited Quarry Bank Mill this week. For more details and photographs see the [Year 5 Class Page](#)

Pre-School Visit to Caldry Manor Care Home Monday 17th June

The Pre-School children will be visiting the residents of Caldry Manor Care Home on Monday 17th June to plant sunflowers in residents garden. The children and staff will be travelling to Caldry Manor by mini-bus. For safety reasons, the children will therefore require their own car seat suitable for their age, so that these can be fitted in the mini-bus, prior to the short journey to Caldry Manor. Whilst at Caldry Manor the children will enjoy a small snack and drink. Should you have any further questions or concerns, please do not hesitate to contact your child's key worker or Mrs Prandle, Nursery Manager for further details.

Year 3 & Year 5 Trip to Chester Zoo Tuesday 18th June

The children in Year 3 and Year 5 will be visiting Chester Zoo on Tuesday 18th June. The children will be leaving at around 9am and arriving back for the end of the school day for normal pick up. School will be providing the children with a packed lunch including a drink, which will be eaten at The Zoo. School uniform must be worn, including blazers and could the children please bring a small rucksack. If the weather is inclement they will need a waterproof coat. If it is a warm day however, could parents please apply sun cream to your child, as no cream can be re-applied throughout the day and provide them with a sunhat. There will be no need for the children to bring any spending money.

Junior (Year 3 to Year 6) Sports Afternoon at Bebington Oval Wednesday 19th June

The Junior Sports Day will be held on Wednesday 19th June at the Bebington Oval from 1pm. Parents are very welcome to attend, and we hope to see you there.

All children should come to school in their House T Shirt and trainers or pumps. Should girls like to, they can wear black or brown shorts. As we cannot forecast the weather conditions for Wednesday, please put appropriate extra clothing, such as a school tracksuit and waterproof jacket in a bag (such as a small rucksack) for your child. We will not have access to drinking water at the Oval so it is **essential for children to bring a named bottle of water**. If the weather is hot they will need **two** bottles of water.

The children will need their school bags for morning lessons but will leave their bags in school for Thursday morning.

Please put sun cream on your child **before** he/she comes to school. An appropriate sun hat/cap of any colour should be worn.

The children will be in a relay race and then rotating around 6 events. As in previous years, parents can take their children straight home from the Oval at 3 pm. If you would like to do this, please contact the school office. A bus will bring the remaining children back to school for a 3:40 pm collection time. There will be no VR, ICT Lego or Creative Writing clubs on this day.

Nursery & Pre-School Sponsored Walk Thursday 20th June

Thur 4th

Parent Toddler
Group 1.45pm-
3pm

Mon 8th

Infant (Reception
to Year 2)
Summer Concert
& Achievement
Awards at 2pm

Thur 11th

Year 6 Leavers'
Assembly at
9.15am

Juniors (Year 3 to
Year 6)
Achievement
Awards at 2pm

Fri 12th

School Closes for
the Summer
Break at 3.40pm

**S4YC Holiday
Club Available
for
Summer Break**

**SUMMER
BREAK
MON 15th JULY
TO
FRI 30th AUGUST**

**SEPTEMBER
2019**

Staff INSET Days

Monday 2nd & 3rd
September

Term Starts

Wednesday 4th
Sept

The Nursery and Pre-School children will be doing a sponsored walk along the Wirral way in aid of the redevelopment of the EYFS playground on Thursday 20th June leaving at 2pm and arriving back at school by 3pm. All Nursery and Pre-School children and parents are welcome to come along. If your child doesn't usually attend on a Thursday and you would like to take part please go to the Nursery Entrance for 2pm.

**Year 1 & Year 2 Trip to Liverpool Philharmonic
Thursday 20th June**

The children in Year 1 and Year 2 will be attending the School Concerts at the Liverpool Philharmonic on Thursday 20th June. The children will be leaving school after lunch and will be returning to school at around 3.30pm (traffic dependant). School uniform including blazers must be worn.

**PTA Strawberry Tea – Pick Up Arrangements for Year 3-Year 6
Friday 21st May**

The PTA Strawberry Tea will be taking place on Friday 21st June from 3pm. All children from Reception to Year 6 may be collected by an appropriate adult from 3pm to attend the Strawberry Tea. Children in Years 3 to 6 who are not collected will stay with their form teacher until normal pick up time at 3.40pm. Extra-curricular clubs will not be taking place, however After School Club is available as usual, should you wish to book a place for your child.

**PTA Strawberry Tea
Friday 21st May**



We do hope that you will be able to join us on Friday 21st June.

Football Success!

A brilliant achievement by the EMc and CMc (Y4) who took part in a football tournament held in Holland over last weekend. The boys succeeded in coming 3rd in their year group against the other international teams.

Running Goals Running Group

Common Concerns:

- "I won't be able to keep up and I'll end up getting left behind"
- "I'll be the last one in the group"
- "Everyone else will be better than me, and I'll be holding everyone back"
- "I have to be a "proper runner" to join in"
- "I have to be able to run 5k without stopping or I have to be able to run for the whole hour"

Don't worry, we hear you!

How Is Our Group Is Different?

- We plan every session carefully to cater for all abilities and ensure **no-one ever gets left behind**
- We're very supportive in encouraging you to take up running, **irrespective of how fast or fit** you currently are.
- We invest in you and go the extra mile to help you improve
- Every session we dedicate time to helping you improve your running technique
- Every week we provide **each person with individual feedback** to work on during the session

What The Hour Involves

We'll never just run continuously for an hour! Instead our sessions are broken up into **lots of small segments**:

- We all have a nice chat while we do a 5-10 minute **slow-paced warm up jog**.
- We spend 10-15 minutes doing **warm up exercises** that help raise your heart rate and improve your running technique.
- We spend 25-30 minutes on the session itself, covering a range of types including Intervals, Fartlek, Hills and Tempo runs. These types all have rests built in, so **actual running time can be as little as 10 minutes**, which makes it a lot more manageable.
- We finish with an easy, slow-paced 5-10 minute **cool down jog** and a discuss how we found the session and answer any questions you may have.
- After the session we log your splits to show your progress over time, with our runners regularly seeing huge improvements in their fitness.



Matt Hughes

Director

Running Goals

T: 07519 603 633

Email: matt@runninggoals.co.uk Web: www.runninggoals.co.uk

Nursery & Pre-School Sports Morning Wednesday 26th June starting at 10am

The Nursery & Pre-School Sports Morning will be held on Wednesday 26th June on the School Sports Field from 10am. Children should wear yellow polo shirt, dark coloured shorts and their black pumps. If your child does not usually attend on a Wednesday morning please do bring them along, staff will collect your child from you just before the start. Parents are very welcome to attend, and we hope to see you there.

Infant (Reception to Year 2) Sports Afternoon
Friday 28th June starting at 1.45pm

We have rearranged the Infants Sports Afternoon for Friday 28th June starting at 1.45pm on the School Sports Field. Children should come to school in their house t-shirt, shorts or skirt and black trainers or pumps. As we cannot forecast the weather conditions for Friday, they should bring their school tracksuit as well. It is **essential for children to bring a bottle of water**. The children will need their school bags for morning lessons. If necessary, please put sun cream on your child **before** he/she comes to school. A hat or cap can be worn if it is a warm day. We do hope that you, your families and friends will be able to join us for this year's sports afternoon.

St Bridget's Church Summer Fair
Saturday 6th July

St Bridget's Church Summer Fair 2019

Flower-arranging competition

Saturday 6th July

THEME: UPCYCLING

Recycle an old yogurt carton, tin can or other container for your arrangement

Open to all ages with prizes for 3 age categories:

12 years and under, entry fee 50p

13 to 20 years, entry fee £1

21 years and over, entry fee £2

11.30 am Bring arrangement(s) to the Fair for judging at 12.30 pm

For further information or to register your interest in taking part, please ring 342 2025

Please note: each arrangement must occupy table space no bigger than 29.7 cm x 42.0 cm (A3 paper or two sheets of A4)



YOU MAY WISH TO
DONATE YOUR
ARRANGEMENT FOR
SALE AT THE FAIR BUT
THIS IS OPTIONAL

Sports Extra-Curricular Clubs

Reminder that only Avalon School PE Kit should be worn to all sports extra-curricular clubs.

Safeguarding: Parent Guide - Child safety and You Tube

You may have seen news reports about inappropriate children's videos on You Tube. These are videos that, at first, appear to be for children, as they include cartoon characters such as Peppa Pig or characters from Disney films such as Frozen. However, later on the videos become violent or disturbing. Follow this link to find out more: [A Parent's Guide To Child Safety On You Tube](#)

Parking Around School

A polite request for parents to park with safety and consideration in mind, when dropping off or collecting from school. A number of parents are still parking on the yellow zig zag lines outside a school. This is illegal but also significantly reduces driver and pedestrian visibility around the school gates, making it extremely dangerous. Parking across residents' driveways is inconsiderate and selfish, even if only for a few minutes. Thank you for your co-operation and support to keep drivers, pedestrians and our local community safer at busy times before and after the school day.

Race for Life

Mrs McGregor will be taking part on the Race for Life in Birkenhead Park on Sunday 30th June. If you would like to donate to her giving page, please follow the link: [Mrs McGregor Race for Life](#)

Supervision at the End of the School Day

Please could we ask that parents / carers ensure that children are safely supervised once they have been dismissed by school staff. There have been some recent incidents where children have wandered away from parents/carers and had an accident or behaved inappropriately with others.

Pre-Loved Uniform

Thank you to everyone who has donated to the Pre-Loved Uniform Shop. As there has been a huge amount of donates we will not be accepting any further donations at this time.

We have a full list of Pre-Loved uniform, so please email us at uniformpta@gmail.com if you need anything. We do have a large number of Summer Dresses, mainly in Junior sizes. The sale of Pre-Loved School Uniform has raised over £100 for the PTA which is fantastic, so thank you for your support. We have also been able to donate white school shirts and yellow polo shirts to Wirral Free Uniform Primary School (<https://www.wirralfuss.co.uk/wirral-f-u-p-s-free-uniform-for-primary-school/>) for which they were very grateful. Anything they are unable to reuse, is sold for recycling so avoiding landfill.

Uniform Supplier

Uniform can be purchased from Uniformity Clothing using the link below <http://www.uniformityschools.com/>

Uniform Sizing Room will be opened upon request. Please call into the school office and one of the admin team will assist you.

Scam Emails Warning

We have been made aware by the Independent Schools Council of recent email scams involving people posing as prospective parents to try to gain access to school details including logo's, email templates etc. This information is then fraudulently used to scam parents into making payments into their accounts. If you do receive an email of this nature or if you are unsure about an email, we would be most grateful if you could contact the school immediately.

Please be assured that our own bank account details have not and will not, for the foreseeable future, change. Avalon School does not send out emails regarding unsolicited discount rates. Any emails you receive containing invoices or statements will be sent from either accounts@avalon-school.co.uk, vellsmoor@avalon-school.co.uk or annevans@avalon-school.co.uk

Used Stamps

We are collecting used stamped for St John's Hospice. If you would like to donate any used stamps there is a collection box in the school office reception area.

Term Dates 2018-2019 & 2019-2020

2018/2019

Summer Term	
Starts	Mon 15 th Apr 2019 Staff INSET Tue 16 th Apr 2019 Children Return
Easter May Day	Fri 19th & Mon 22nd Apr 2019 Mon 6th May 2019
Half-Term	Mon 27th May to Fri 31st May 2019
Ends	Fri 12 th Jul 2019 – Normal Finish Time

2019/2020

Autumn Term	
Staff Training Days	Mon 2 nd Sept & Tuesday 3 rd Sept 2019
Term Starts	Wednesday 4 th September 2019
Half-Term	Mon 21st Oct to Fri 1st Nov 2019
Ends	Fri 13 th Dec 2019 - 12 Noon Finish
Spring Term	
Staff Training Day	Mon 6 th Jan 2020
Term Starts	Tuesday 7 th Jan 2020
Half-Term	Mon 17th to Fri 21st Feb 2020
Ends	Fri 3 rd Apr 2020 – Normal Finish Time
Summer Term	
Staff Training Day	Mon 20 th Apr 2020
Term Starts	Tuesday 21 st April 2020
May Day	Mon 4th May 2020
Half-Term	Mon 25^h May to Fri 29th May 2020
Ends	Fri 10 th Jul 2020 – Normal Finish Time



**Should you have any concerns or suggestions,
please do not hesitate to contact us:**

Avalon School, Caldby Road, West Kirby, CH48 2HE
Tel: 0151 625 6993

Email: schooloffice@avalon-school.co.uk

Headteacher: Mrs J Callaway jcallaway@avalon-school.co.uk



Parent Toddler Group

1.45pm to 3pm
every Thursday
during term time.

£3 per child
including refreshments

Guest
Sessions Leaders
each week.

Come along for great
fun, toys, craft
activities and lots, lots
more!

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This term's session leaders are:

