



AVALON SCHOOL

Weekly Newsletter

Friday 24th June 2019

SUMMER BREAK

SCHOOL FINISHES ON FRIDAY 12th JULY

AT THE USUAL TIME

Please click on the links below for further news and useful information

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Calendar Dates	Calendar Dates
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PTA News	PTA News & Event

CELEBRATING ACHIEVEMENTS

This Week's Winners



St Andrew



St David



St George



St Patrick

House Points

106

87

98

106

Total House Points for the Year To-date

4060

4428

4720

4819

Merit Badges

Reception

LO

Year 1

GB

Year 2

HL

Year 3

BB

Year 4

HS

Year 5

LS

Year 6

OS

LP

Golden Table

Rec

Y1

Y2

Y3

Y4

Y5

Y6

Golden Table

will take place on Monday

Children's Favourite Dishes This Week

Main: Burger & Crispy Clubs
Pudding: Flapjacks

Menu for Week Comm.

1st July



Follow this link for our [Lunch Menus](#)

Wellbeing Quote of the Week



Each week we will be sharing a 'Well Being quote' with the whole school community to encourage everyone to take a little time out of their busy schedules to use mindfulness and to think about their well-being.

Take some time to simply be.

Dates for Your Diary

NEWS, NOTICES & REMINDERS

JULY 2019

Mon 1st

Whole School Transition Afternoon

New Reception (Sept 2019) Parents Induction Meeting at 4.30pm

Tue 2nd

Infant (Reception to Year 2) Trip to The Boat Museum

Wed 3rd

Pre-School Graduation at 2pm

Thur 4th

Parent Toddler Group 1.45pm-3pm

Mon 8th

Infant (Reception to Year 2) Summer Concert & Achievement Awards at 2pm

Thur 11th

Year 6 Leavers' Assembly at 9.15am

Beauty & The Beast Tickets

A huge thank you to parents and staff for all your support and enthusiasm towards creating such spectacular performances of Beauty & The Beast, this week. Massive congratulations to the children, who have all been outstanding, whether performing, or being part of the technical crew or prop making. Well done everyone!

Please follow the link for photographs of the performance
[Photographs BATB](#)

Extra-Curricular Clubs

Next week is the last week of Extra-Curricular Clubs; the following clubs **will** be taking place:

- Art & Craft Club (Monday)
- Tennis Club (Monday)
- Year 5 Morning VR Club (Monday & Friday)
- Netball (Tuesday)
- ICT Lego (Wednesday)
- Year 5 After School VR Club (Wednesday)
- Storytime (Wednesday)
- Football (Thursday)

The following clubs have now **finished** for the summer term:

- Judo
- Ballet
- UKMT After School Club
- Full of Beans – Street Cheer
- Full of Beans – Summer Games
- Drama

Nursery & Pre-School Sports Morning

Thank you to all the children, staff and parents who attended and took part in the Nursery & Pre-School Sports Morning this week. We have some very speedy children. The event was thoroughly enjoyed by all.

Infant (Reception to Year 2) Sports Afternoon

Thank you to all the children, staff and parents who attended and took part in the Infant Sports Day Afternoon today. We have some talented budding athletes. The event was thoroughly enjoyed by all.

Juniors (Year 3 to Year 6)
Achievement Awards at 2pm

Fri 12th

School Closes for the Summer Break at 3.40pm

S4YC Holiday Club Available for Summer Break

**SUMMER BREAK
MON 15th JULY
TO
FRI 30th AUGUST**

**SEPTEMBER
2019**

Staff INSET Days
Monday 2nd & 3rd September

Term Starts
Wednesday 4th Sept

Nursery & Pre-School Sponsored Walk

Thank you to all the children, staff and parents/carers who went on the Nursery and Pre-School sponsored walk along the Wirral Way in aid of the redevelopment of the EYFS playground. We would be grateful if all sponsor money could be given in by Monday 1st July. Thank you.

Race for Life

Mrs McGregor will be taking part on the Race for Life in Birkenhead Park on Sunday 30th June. If you would like to donate to her giving page, please follow the link: [Mrs McGregor Race for Life](#)

Whole School Transition Afternoon Monday 1st July

On Monday 1st July we will be holding a whole school transition afternoon where the children will have the opportunity to meet and spend some time with their form tutor for next year.

New Reception Class Parents Meeting (September 2019) Monday 1st July at 4.30pm

We will be holding our information meeting for the parents/carers of our new Reception Class children on Monday 1st July at 4.30pm.

Infant (Reception to Year 2) Trip to The Boat Museum Tuesday 2nd July

The children in Reception to Year 2 will be visiting The Boat Museum in Ellesmere Port on Tuesday 2nd July. They will be leaving school after registration and will be back in time for normal pick up (traffic depending). The school will provide the children with a packed lunch and they will not require any spending money. The children should come to school in their full school uniform.

Pre-School Graduation Wednesday 3rd July at 2pm

We would like to invite all our Pre-School parents/carers and families to our Pre-School Graduation on Wednesday 3rd July at 2pm in the school hall. If your child does not usually attend Pre-School on a Wednesday, we would be most grateful if you could bring your child to school at 1.30pm. Refreshments will be available. Tissues are advisable!

Infant Summer Concert & Achievement Awards Monday 8th July at 2pm

The parents/carers and families of the children in Reception, Year 1 and Year 2 are invited to our Infant Summer Concert and Achievement Awards celebration on Monday 8th July at 2pm in the school hall. We do hope that you can join us for this special occasion.

Year 6 Leavers' Assembly Thursday 11th July at 9.15am

The parents/carers and families of the children in Year 6 are invited to our Year 6 Leavers' Assembly on Thursday 11th July at 9.15am in the school hall as we wish them well on the next stage of their educational journey. We do hope that you can join us for this special occasion

Junior Achievement Awards Thursday 11th July at 2pm

The parents/carers and families of the children in Year 3 to Year 6 are invited to our Junior Achievement Awards celebration on Thursday 11th July at 2pm in the school hall. We do hope that you can join us for this special occasion.

School Finishes

Friday 12th July at the Usual Time

SCHOOL FINISHES ON FRIDAY 12TH JULY AT THE USUAL TIME

Please note that Breakfast Club and After School Club will be available.

St Bridget's Church Summer Fair Saturday 6th July

St Bridget's Church Summer Fair 2019

Flower-arranging competition

Saturday 6th July

THEME: UPCYCLING

Recycle an old yogurt carton, tin can or other container for your arrangement

Open to all ages with prizes for 3 age categories:

12 years and under, entry fee 50p

13 to 20 years, entry fee £1

21 years and over, entry fee £2

11.30 am Bring arrangement(s) to the Fair for judging at 12.30 pm

For further information or to register your interest in taking part, please ring 342 2025



Please note: each arrangement must occupy table space no bigger than 29.7 cm x 42.0 cm (A3 paper or two sheets of A4)

YOU MAY WISH TO DONATE YOUR ARRANGEMENT FOR SALE AT THE FAIR BUT THIS IS OPTIONAL

S4YC Holiday Club Summer Holiday

S4YC will be running a Holiday Club at Avalon from 15th July through to 30th August. Please ensure that you book your places on the S4YC website as soon as possible to enable confirmation of a place by copying & pasting this link into your browser: www.s4yc.co.uk

Running Goals Running Group

Common Concerns:

- "I won't be able to keep up and I'll end up getting left behind"
- "I'll be the last one in the group"
- "Everyone else will be better than me, and I'll be holding everyone back"
- "I have to be a "proper runner" to join in"
- "I have to be able to run 5k without stopping or I have to be able to run for the whole hour"

Don't worry, we hear you!

How Is Our Group Is Different?

- We plan every session carefully to cater for all abilities and ensure no-one ever gets left behind
- We're very supportive in encouraging you to take up running, irrespective of how fast or fit you currently are.
- We invest in you and go the extra mile to help you improve

- Every session we dedicate time to helping you improve your running technique
- Every week we provide **each person with individual feedback** to work on during the session

What The Hour Involves

We'll never just run continuously for an hour! Instead our sessions are broken up into lots of small segments:

- We all have a nice chat while we do a 5-10 minute **slow-paced warm up jog**.
- We spend 10-15 minutes doing **warm up exercises** that help raise your heart rate and improve your running technique.
- We spend 25-30 minutes on the session itself, covering a range of types including Intervals, Fartlek, Hills and Tempo runs. These types all have rests built in, so **actual running time can be as little as 10 minutes**, which makes it a lot more manageable.
- We finish with an easy, slow-paced 5-10 minute **cool down jog** and a discuss how we found the session and answer any questions you may have.
- After the session we log your splits to show your progress over time, with our runners regularly seeing huge improvements in their fitness.
- Meeting point - Tuesday at 8.50am by the school gate.



Matt Hughes

Director

Running Goals

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Safeguarding: Parent Guide - Child safety and You Tube

You may have seen news reports about inappropriate children's videos on You Tube. These are videos that, at first, appear to be for children, as they include cartoon characters such as Peppa Pig or characters from Disney films such as Frozen. However, later on the videos become violent or disturbing. Follow this link to find out more: [A Parent's Guide To Child Safety On You Tube](#)

Parking Around School

A polite request for parents to park with safety and consideration in mind, when dropping off or collecting from school. A number of parents are still parking on the yellow zig zag lines outside a school. This is illegal but also significantly reduces driver and pedestrian visibility around the school gates, making it extremely dangerous. Parking across residents' driveways is inconsiderate and selfish, even if only for a few minutes. Thank you for your co-operation and support to keep drivers, pedestrians and our local community safer at busy times before and after the school day.

Supervision at the End of the School Day

Please could we ask that parents / carers ensure that children are safely supervised once they have been dismissed by school staff. There have been some recent incidents where children have wandered away from parents/carers and had an accident or behaved inappropriately with others.

Pre-Loved Uniform

Thank you all for your support this school year. We have raised a total sum of **£375** which is a fantastic amount! We have also made a donation to Wirral Free Uniform Primary Schools which was gratefully received.

We will be arranging a final collection at the end of term, and an email will be sent out with dates/times and details of what we are able to accept. If you would

like anything before the start of the Autumn Term 2019 please email us on uniformpta@gmail.com.
Again thank you for your support and have a great Summer holiday!

Uniform Supplier

Uniform can be purchased from Uniformity Clothing using the link below
<http://www.uniformityschools.com/>
Uniform Sizing Room will be opened upon request. Please call into the school office and one of the admin team will assist you.

Scam Emails Warning

We have been made aware by the Independent Schools Council of recent email scams involving people posing as prospective parents to try to gain access to school details including logo's, email templates etc. This information is then fraudulently used to scam parents into making payments into their accounts. If you do receive an email of this nature or if you are unsure about an email, we would be most grateful if you could contact the school immediately.
Please be assured that our own bank account details have not and will not, for the foreseeable future, change. Avalon School does not send out emails regarding unsolicited discount rates. Any emails you receive containing invoices or statements will be sent from either accounts@avalon-school.co.uk, vellsmoor@avalon-school.co.uk or annevans@avalon-school.co.uk

Used Stamps

We are collecting used stamps for St John's Hospice. If you would like to donate any used stamps there is a collection box in the school office reception area.

Term Dates 2018-2019 & 2019-2020

2018/2019

Summer Term	
Starts	Mon 15 th Apr 2019 Staff INSET Tue 16 th Apr 2019 Children Return
Easter May Day	Fri 19th & Mon 22nd Apr 2019 Mon 6th May 2019
Half-Term	Mon 27th May to Fri 31st May 2019
Ends	Fri 12 th Jul 2019 – Normal Finish Time

2019/2020

Autumn Term	
Staff Training Days	Mon 2 nd Sept & Tuesday 3 rd Sept 2019
Term Starts	Wednesday 4 th September 2019
Half-Term	Mon 21st Oct to Fri 1st Nov 2019
Ends	Fri 13 th Dec 2019 - 12 Noon Finish
Spring Term	
Staff Training Day	Mon 6 th Jan 2020

Term Starts	Tuesday 7 th Jan 2020
Half-Term	Mon 17th to Fri 21st Feb 2020
Ends	Fri 3 rd Apr 2020 – Normal Finish Time
Summer Term	
Staff Training Day	Mon 20 th Apr 2020
Term Starts	Tuesday 21 st April 2020
May Day	Mon 4th May 2020
Half-Term	Mon 25^h May to Fri 29th May 2020
Ends	Fri 10 th Jul 2020 – Normal Finish Time



**Should you have any concerns or suggestions,
please do not hesitate to contact us:**

Avalon School, Caldby Road, West Kirby, CH48 2HE
Tel: 0151 625 6993

Email: schooloffice@avalon-school.co.uk

Headteacher: Mrs J Callaway jcallaway@avalon-school.co.uk



Avalon Parent Toddler Group

Parent Toddler Group

1.45pm to 3pm
every Thursday
during term time.

£3 per child
including refreshments

Guest
Sessions Leaders
each week.

Come along for great
fun, toys, craft
activities and lots, lots
more!

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This term's session leaders are:

