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We are therefore delighted to provide parent/carer copies of all PSHE Association member materials that cover RSHE (Relationships, Sex and Health Education).

This is an example of such a resource. It has been shared with you as a parent/carer by the school or individual who is a PSHE Association member.

We are happy to grant access on this basis of giving you full, personal access to the resource contents, but appreciate your adherence to the following requirements regarding intellectual property rights given the resource is otherwise only accessible to schools and individuals that subscribe to PSHE Association membership.

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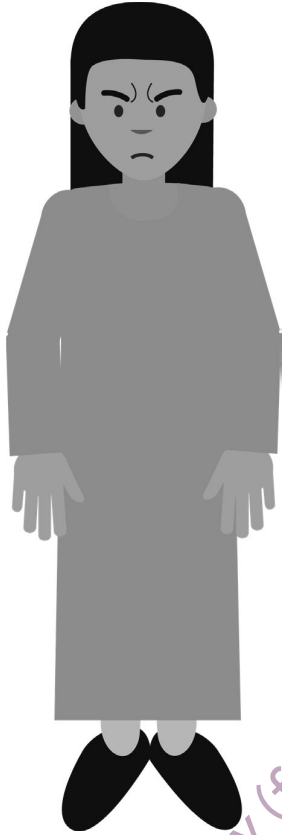
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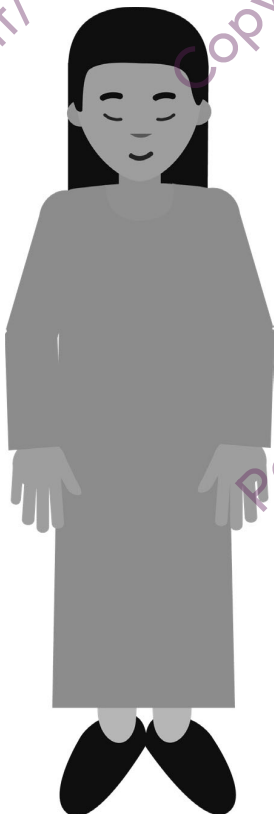
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### Tense



<p>How might Meena's body feel?</p>	
<p>What might Meena's thoughts be like?</p>	
<p>What emotions might Meena have?</p>	

### Calm



<p>How might Meena's body feel?</p>	
<p>What might Meena's thoughts be like?</p>	
<p>What emotions might Meena have?</p>	