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Telephone: 0151 625 6993 E-mail: Schooloffice@avalon-school.co.uk

27th April 2023

Dear parents and carers,



Year 6 Bikability Course Level 1 and Level 2
Monday 15th, Tuesday 16th, Wednesday 17th & Thursday 18th May

We are excited to be working with BikeRight to offer the Year 6 children their Bikeability Level 1 and Level 2 combined course week commencing Monday 15th May 2023.

The children will be in groups of 5 or 6; completely both Level 1 and Level 2 on the same day, therefore they will only need to bring their bike into school for one day. Parents will be informed which day their child has been allocated once the booking process is complete.

Please follow the link below for more information about the course and to provide consent for your child to participate. The online consent form MUST be completed no later than Wednesday 10th May 2023.

Course Details & Booking

Children will not be allowed to take part in the course if the consent form has not been completed.

Below is some useful information about the BikeRight course.

Bikeability is designed to give the next generation the skills and confidence to ride their bikes on today's roads. The instructors will teach children to ride a bike to National Standards and introduce them to cycling as an everyday, fun, healthy activity and an alternative mode of transport.

There is no charge for the course as it is funded by the Local Authority and Department for Transport grants.

The course will take place in the school playground and on local roads near to the school. The instructors will carry out a risk assessment of the training areas before the start of the course. A copy of the risk assessment will be available at the school.

Your child will need:

- The ability to ride a bike unaided.
- A signed consent form see link above.





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- A cycle helmet.
- Appropriate clothing. Children should come to school on the course days in their full PE kit with their outdoor school coats. They must make sure that they have long trousers and gloves in case the weather is cold.
- A bike which is road worthy. Please follow the simple guide below to check whether your child's bike is suitable. See law on the use of Ebikes https://www.gov.uk/electric-bike-rules



Please note that children cannot take part if their bikes are considered unsafe.

Bikes should be brought to school each morning of the course and taken home at the end of each day. On arrival at the school, they are to be taken to the area outside the Site Manager's (Bills) room, by the main office. If this causes any significant challenge for any parent, please let us know as soon as possible.

Yours sincerely

Mrs J Callaway **Headteacher**

