



DODGEBALL, BASKETBALL & HANDBALL CLUB

"Dip, duck, dive, and dodge with friends on the court in these fast-paced, exciting sports"

WEDNESDAYS, 3.45 – 4.45 : 20TH SEPTEMBER – 6TH DECEMBER
(no class Weds 15th Nov as it's parents eve)

Full of Beans is pleased to announce that we will be running a new after school club, as above for girls and boys in years 3 - 6. Sessions are straight after school and children will meet instructors in the school hall and sessions will be outside, weather permitting, or in the school hall. PE kit can be worn.

Children will spend 4 weeks on each sport, learning and developing their skills for each and taking part in fun competitions for each. No experience is necessary.



Enhances fitness & ability



Builds Confidence



Develops team play



Improves throwing and catching ability

If you would like your child to participate, the cost for the 10 weeks is £42 and can be paid by bank transfer, cash or cheque. Please complete the form below asap and put it in an envelope with "Full of Beans" on and return to school.

M : 07914 836 797

e : nicky@fullofbeansfitness.co.uk

www.fullofbeansfitness.co.uk

INFORMED CONSENT FORM : AVALON JUNIOR DODGEBALL/BBALL/HANDBALL AUTUMN 17

Child's Name Year Group Class

My child will be collected at the end of the session by PARENTS / GRANDPARENTS / OTHER.....
(NB if you do send someone else to pick up your child who isn't named here then we cannot release them without your written consent)

PAYMENT

- ☐ I have enclosed a cheque (cheques must be written to "Full of Beans Fitness Ltd" with child's name written on the back).
☐ I have enclosed cash
☐ I have paid by bank transfer to : Full of Beans Fitness Ltd, A/C Number : 03266486 , Sort code : 20-50-36
*** It's important that this is your On-Line Reference number : "AVALON/insert the name of your child" ***

- Any Medical Conditions we should be aware of? Please circle YES or NO If Yes, please put details on reverse of this slip.
- Occasionally, we may take photographs of the children having full of beans fun at our clubs We may use these images in our prospectus or in other printed publications that we produce, as well as on our website. May we use photos of your child as described.
Please circle YES or No

Parents signature..... Printed Name

Emergency Phone No Email Address :

I agree that my child can participate in the exercise session described to me by the instructor and I understand that in order for the session to remain effective it will change and progress as time goes on. The structure, purpose, benefits and risks of the session have been explained to me and I understand that my child may withdraw from the session at any time. I understand that whilst the School provides the venue, it is not responsible for the coaching sessions run by "Full of Beans". I am happy for loco parentis to be given to the Full of Beans Coach during the coaching sessions. I am fully aware that there will NOT be a member of school staff in attendance at the coaching sessions. If my child will not be attending a session, I understand that it is my responsibility to let the school/coach know in writing. I also agree to inform the school and/or Full of Beans if anyone else is going to pick up my child other than the person listed above. Full of Beans operate a no refunds policy from March 2015. We are unable to refund your payment once your place has been confirmed.

Full of Beans Fitness Ltd, 2 Stonehey Drive, West Kirby, CH48 2HS
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