



& ACROBATICS CLUB

Thursdays, 3.45 – 4.30

21st September – 7th December

(no class Thurs 16th Nov as it's parents eve)

Full of Beans is pleased to announce that we will be running a brand new Street Dance and Acrobatics club with new teacher Miss Chloe for both boys and girls years 3 - 6. Sessions are straight after school and all instructors are suitably qualified and fully insured.

This fun, progressive club incorporates the best of street dance and acro/gym skills ;

- ☺ **We will have lots of FUN and improve your child's confidence, flexibility, technique and strength**
- ☺ **Street dance style and cool music**
- ☺ **We will work on gym & acrobatics skills to include jumps, travelling, rolls, kicks, leaps, handstands, cartwheels, splits, walk overs, roundoffs etc**

If you would like your child to participate, the cost for the 10 weeks is £42 and can be paid by bank transfer, cash or cheque. Please complete the form below asap and put it in an envelope with "Full of Beans" on and return to school.

M : 07914 836 797

e : nicky@fullofbeansfitness.co.uk

www.fullofbeansfitness.co.uk

INFORMED CONSENT FORM : STREET & ACRO JUNIORS AUTUMN 17

Child's Name Year Group Class

My child will be collected at the end of the session by PARENTS / GRANDPARENTS / OTHER.....
(NB if you do send someone else to pick up your child who isn't named here then we cannot release them without your written consent

PAYMENT

- ☐ I have enclosed a cheque (cheques must be written to "Full of Beans Fitness Ltd" with child's name written on the back).
☐ I have enclosed cash
☐ I have paid by bank transfer to : Full of Beans Fitness Ltd, A/C Number : 03266486 , Sort code : 20-50-36
***** It's important that this is your On-Line Reference number : "AVALON/insert the name of your child" *****

- Any Medical Conditions we should be aware of? Please circle YES or NO If Yes, please put details on reverse of this slip.
- Occasionally, we may take photographs of the children having full of beans fun at our clubs We may use these images in our prospectus or in other printed publications that we produce, as well as on our website. May we use photos of your child as described.
Please circle YES or No

Parents signature..... Printed Name

Emergency Phone No Email Address :

I agree that my child can participate in the exercise session described to me by the instructor and I understand that in order for the session to remain effective it will change and progress as time goes on. The structure, purpose, benefits and risks of the session have been explained to me and I understand that my child may withdraw from the session at any time. I understand that whilst the School provides the venue, it is not responsible for the coaching sessions run by "Full of Beans". I am happy for loco parentis to be given to the Full of Beans Coach during the coaching sessions. I am fully aware that there will NOT be a member of school staff in attendance at the coaching sessions. If my child will not be attending a session, I understand that it is my responsibility to let the school/coach know in writing. I also agree to inform the school and/or Full of Beans if anyone else is going to pick up my child other than the person listed above. Full of Beans operate a no refunds policy from March 2015. We are unable to refund your payment once your place has been confirmed.
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