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23rd January 2024

Dear parents and carers,



Monday 5th February to Friday 9th February 2024

It is children's mental health week on Monday 5th to Friday 9th February 2024 and has the theme 'My Voice Matters'. Activities over the course of the week will therefore be designed to encourage children to be empowered by providing them with the tools to express themselves.

Once again, we will be supporting a charity called Place2Be, who shine a spotlight on the importance of children and young people's mental health.

On Friday 9th February 2024, all pupils and staff are invited to join our 'Dress to Express' day. Children and staff may come to school dressed in their favourite outfit or colour for a suggested donation of £2.00 each. Donations should be brought into school in a named envelope and handed to form teachers / key workers.

Children who have PE on this day, or have an extra-curricular sports club after school, can either wear their choice of clothes suitable for PE / Sporting activities, or alternatively, they may bring their school PE kit with them to get changed into, before their PE lesson or after school sports club.

We would like to thank everyone in advance for your continued support.

Yours sincerely

Mrs J Callaway
Headteacher



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