

**Caldy Road
West Kirby
Wirral
CH48 2HE**

Headteacher: Mrs J Callaway
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5th March 2024

Dear parents and carers,



We would like to thank those parents who responded to the recent parent feedback survey about Avalon's Relationships and Health Education (RHE) policy, programme, and resources. Your positive input and insights were incredibly valuable, and we are grateful for the time and effort that you took to share your thoughts with us.

We also want to express our gratitude to those parents who were able to attend the consultation and information meeting about our RHE policy and programme. We appreciate the opportunity to discuss this important topic with you and hear your feedback in person.

Following the completed RHE consultation with parents and staff, we have now reviewed our policy and curriculum programme as well as resources, based on your input. I am pleased to say that we have a comprehensive RHE policy and curriculum programme in place that we believe reflects the values and needs of our community.

For your further information all our resources and curriculum programme are now available on the school's website via this link: [Relationships and Health Education at Avalon](#)

Calendar of key RHE concepts to be covered this half term:

Reception

WB 4th March: Commence with NSPCC PANTS lessons

Year 1 and 2

WB 4th March: Commence with NSPCC PANTS lessons

Year 3

WB 4th March: Commence with NSPCC PANTS lessons

Year 4

WB 4th March: Commence with NSPCC PANTS lessons

WB 11th March: Introduction to puberty

Year 5



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WB: 4th March: Introduction to puberty/naming body parts

WB 11th March: To learn about the physical and emotional changes that happen during puberty and the importance of personal hygiene. (Video resources shared as listed in the school policy and on school website – What happens to girls, What happens to boys and Looking after you).

WB 18th March: To explore and discuss in more detail the physical (and emotional) changes during puberty, how to manage these changes and how to get the appropriate help. 20th March includes a separate session for girls and boys to view the video resources (as above) and to discuss / ask questions.

WB25th March: To learn about emotional changes during puberty.

Year 6

WB 4th March: To recap knowledge and understanding of puberty including the physical and emotional changes that happen during puberty and the importance of personal hygiene. (Video resources shared, as listed in the school policy and on school website – What happens to girls, What happens to boys and Looking after you).

WB 18th March: To explore and discuss in more detail the physical (and emotional) changes during puberty, how to manage these changes and how to get the appropriate help. 20th March includes a separate session for girls and boys to view the video resources (as above) and to discuss / ask questions.

WB25th March: To understand what is meant by 'equality' and 'discrimination' and how the Equality Act 2010 was introduced to 'protect' certain characteristics. To understand what is meant by prejudice.

Once again, thank you for your involvement in this important process and engagement in your child's RHE education.

Yours sincerely

Mrs J Callaway
Headteacher





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